



SEXUALITY & PLEASURE EDUCATION SERIES

STUDENT WORKSHOPS

01.

PORN LITERACY: THINKING CRITICALLY ABOUT WHAT YOU WATCH

- The difference between real-life intimacy and staged performances
- How porn impacts expectations around bodies, pleasure, and consent
- Ethical porn: What is it, and why does it matter?
- How to engage with sexual content in a healthy way

02.

PLEASURE 101: UNDERSTANDING YOUR BODY & WHAT FEELS GOOD

- The science of arousal and desire
- Understanding different types of pleasure (sensual, emotional, physical)
- The role of communication in pleasurable experiences
- Why pleasure should be a part of sexual health conversations

03.

SEX & SUBSTANCES: HOW DRUGS & ALCOHOL IMPACT CONSENT & DESIRE

- How alcohol and drugs alter judgment and decision-making
- Recognising impaired consent and avoiding coercion
- Understanding the effects of common substances on arousal and performance
- Harm reduction strategies and safer partying

04.

THE EMOTIONAL SIDE OF SEX: WHAT NO ONE TELLS YOU

- How emotions like attachment, shame, and regret can shape experiences
- Understanding the impact of casual vs. emotionally involved sex
- Managing rejection, heartbreak, and relationship changes
- How to engage in sexual experiences in a way that aligns with personal values

05.

BEYOND "YES" AND "NO": ENTHUSIASTIC CONSENT IN ACTION

- How consent is an ongoing process, not just a one-time check-in
- The role of body language and non-verbal cues in communication
- Why enthusiastic consent leads to better experiences for everyone
- Practicing real-life scenarios for setting and respecting boundaries

YOU WON'T LEARN THIS AT



SCHOOL



BODY IMAGE & SELF-ACCEPTANCE SERIES

STUDENT WORKSHOPS

06.

BODY POSITIVITY & SEXUAL CONFIDENCE

- Unpacking unrealistic beauty standards in media
- How body image affects self-esteem, pleasure, and relationships
- Strategies for building body confidence
- Shifting from self-criticism to self-acceptance

07.

GENITAL REAL TALK: WHAT'S "NORMAL" & WHY THAT'S A LIE

- The wide range of natural variations in genital appearance
- How porn distorts expectations about bodies
- Debunking myths around penis size, labia, and virginity
- Why function matters more than aesthetics

08.

THE SCIENCE OF ATTRACTION: WHY WE LIKE WHO WE LIKE

- How biology, psychology, and culture shape attraction
- Understanding different types of attraction (sexual, romantic, platonic)
- Breaking free from toxic beauty standards in dating
- Why chemistry isn't just about looks

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SCHOOL

Chris - Educator

"Within the twelve months of working alongside Jordan, I have witnessed students come out of their shells and express their thoughts on the somewhat complex subject of sex education. His qualifications and vast knowledge in this field are clearly second to none. Moreover, his attitude toward helping students not only understand themselves but also communicate and connect with others is a true reflection of his dedication to teaching."



HEALTHY RELATIONSHIPS & COMMUNICATION SERIES

STUDENT WORKSHOPS

09.

BEYOND “ARE WE DATING?”: HOW TO DEFINE YOUR RELATIONSHIP

- The spectrum of relationship styles (monogamy, open relationships, polyamory)
- How to have “the talk” about expectations
- Why clear communication prevents misunderstandings and hurt feelings
- What to do when partners want different things

10.

RED FLAGS, GREEN FLAGS: SPOTTING HEALTHY & TOXIC DYNAMICS

- Common red flags in relationships (gaslighting, controlling behaviour, emotional abuse)
- What makes a relationship truly healthy?
- How to leave a toxic relationship safely
- The importance of setting and respecting boundaries

11.

BREAKUPS & GHOSTING: DEALING WITH RELATIONSHIP ENDINGS

- Why ghosting happens and how to handle it emotionally
- Healthy vs. unhealthy ways to break up
- Navigating post-breakup emotions and avoiding toxic cycles
- Moving on and rediscovering self-worth

12.

DIRTY TALK & SEXTING: HOW TO DO IT SAFELY & CONFIDENTLY

- How to express desires without feeling awkward
- Understanding boundaries and consent in digital communication
- The risks of sexting and how to protect yourself
- Why communication is key to a better sex life

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SCHOOL

Emily - Parent

"My son was always too shy to talk about anything to do with relationships, but after working with Jordan, he's opening up more. The way Jordan made the lessons relatable and no-pressure made all the difference. It's a huge weight off my shoulders knowing he's getting the right info from someone who knows how to make it stick."



SEXUAL DIVERSITY & IDENTITY SERIES

STUDENT WORKSHOPS

13.

QUEER & CURIOUS: UNDERSTANDING SEXUAL AND GENDER DIVERSITY

- What's the difference between gender, sex, and sexuality?
- Breaking down LGBTQ+ identities and experiences
- How societal norms shape our understanding of attraction and identity
- Being an ally and creating inclusive spaces

14.

EXPLORING KINKS & FANTASIES WITHOUT SHAME

- Why people have kinks and how they develop
- Safe, sane, and consensual exploration of fantasies
- How to talk to partners about desires without fear
- Deconstructing the stigma around non-traditional interests

15.

HOW GENDER ROLES SHAPE OUR SEX LIVES

- How masculinity and femininity affect sexual expectations
- Why men and women receive different messages about pleasure and relationships
- Breaking free from outdated gender norms
- Building an authentic, fulfilling sex life

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SCHOOOL

Olivia - Parent

"I was worried about how to approach these topics with my daughter, but Jordan made it easy. She came home feeling confident and way more knowledgeable about relationships and how to communicate her boundaries. The way he tailors everything to their level really helps her engage, and it's great to see her so comfortable asking questions."



SEX & DIGITAL CULTURE SERIES

16.

SEX IN THE DIGITAL AGE: NAVIGATING HOOKUP CULTURE & DATING APPS

- The pros and cons of dating apps and casual sex culture
- How to use apps in a way that aligns with your values
- The impact of social media on modern relationships
- Staying safe while exploring online dating

17.

REVENGE PORN, NUDES & SEXTING: PROTECTING YOURSELF ONLINE

- Digital consent and the legal risks of sexting
- How to handle leaks and protect your privacy
- Understanding the impact of non-consensual sharing of intimate images
- Ethical considerations of sharing intimate content

STUDENT WORKSHOPS

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SCHOO^L

Lisa - Educator

"He has a deep understanding of what students need to successfully move forward. He provides them with the information and tools required to stay safe and treat others with respect as they transition into adulthood. By adapting lesson content to suit the students' level of understanding, he ensures that they can effectively engage and learn. This approach has created a safe environment where students feel confident to participate in conversations and discussions."



REPRODUCTIVE & SEXUAL HEALTH SERIES

STUDENT WORKSHOPS

18.

BEYOND THE BASICS: BIRTH CONTROL & STI PREVENTION THAT ACTUALLY WORKS

- The full range of contraceptive options beyond the pill and condoms
- Myths and misunderstandings about STIs
- How to have conversations about protection without awkwardness
- The importance of regular sexual health check-ups

19.

PAIN, DISCOMFORT & “BAD” SEX: WHAT’S NORMAL & WHAT’S NOT

- Why some people experience pain during sex and what to do about it
- Understanding conditions like vaginismus, erectile issues, and low libido
- When to seek medical or psychological support
- How communication and education can improve experiences

20.

SEX & DISABILITY: PLEASURE FOR EVERY BODY

- Debunking myths about sex and disability
- How different disabilities affect intimacy and pleasure
- Adaptive strategies for sexual fulfillment
- How to have conversations about needs and boundaries

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SCHOOL

THE SEX ED YOU WISH YOU HAD!